



What an exciting day! Your daughter is off to camp. And not just any camp...missions camp where she will be involved in learning about, praying for, giving to, and doing missions. She will have many opportunities to grow in her walk with the Lord. For some this might be the week for making a personal commitment to follow Christ. Others will grow deeper in their relationship with Christ and still others will hear a specific call from God on their lives. But *all* the girls will be different when they get home! That just happens when girls get off with other girls and spend concentrated time with godly leaders and more importantly, God Himself.

You may be asking the question...how can I be a part of my daughter's experience at camp? The best way is by praying for her every day. Use the prayer guide as a starting point to focus your prayers, but then allow the Holy Spirit to also direct you.

How to use the prayer guide:

1. Ask God to speak to you as you read and meditate on His Word.
2. Read the suggested scripture.
3. Read the thoughts about the prayer topic.
4. Pray using the scripture.
5. Sit quietly and listen as God speaks to you.
6. Write any special insights or thoughts you gleaned during this time so you can remember them and maybe share them with your daughter when she gets home.

You will be focusing your prayers on your daughter's mind, eyes, ears, mouth, heart, hands and feet.

DAY 1

Praying for your daughter's

MIND

Pray and ask God to speak to you during this time

Read and meditate on:

Romans 8:6 The mind of sinful man is death, but the mind controlled by the Spirit is life and peace

Romans 12:2 Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Philippians 4:7-8 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Luke 24:45 Then he (*Jesus*) opened their (two disciples on the way to Emmaus after Jesus' resurrection) minds so they could understand the Scriptures.

Don't be fooled, the battle for your daughter's mind is constant. The world is bombarding her every chance it gets with things that are contrary to God and His Word. While she is at camp, she will have a time of rest and refreshment from the battle. Since a person's mind is the gateway, this is a good place to pray for a wall of protection to be built and the Holy Spirit to be the guard.

A few ways to pray using the above scriptures.

Pray that your daughter...

* will allow the Holy Spirit to control her mind so that she will have life and peace (If you think your daughter might have anxious thoughts about being away from home, this is a good time to pray for her mind to be calmed so she has peace.)

*will allow her mind to be transformed during this time of refreshment and being away from the worlds constant messages

*will learn what is true, noble, right, pure, lovely, admirable, excellent, and praiseworthy and then spend time thinking on them

*will allow Jesus to open her mind so she can understand new things about Him and His Word

Sit quietly now and allow God to speak to you through His Spirit about other ways He wants you to pray for your daughter's mind.

Record any thoughts you had during this time.

DAY 2

Praying for your daughter's

EYES & EARS

Pray and ask God to speak to you during this time

Read and meditate on:

Psalm 119:18 Open my eyes that I may see wonderful things in your law.

Mark 8:25 Once more Jesus put his hands on the man's eyes. Then his eyes were opened, his sight was restored, and he saw everything clearly.

John 4:35 Do you not say, 'Four months more and then the harvest'? I tell you, open your eyes and look at the fields! They are ripe for harvest.

Matthew 13:16 But blessed are your eyes because they see, and your ears because they hear.

Proverbs 23:12 Apply your heart to instruction and your ears to words of knowledge.

Isaiah 30:21 Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it."

Jeremiah 9:20a Now, O women, hear the word of the LORD; open your ears to the words of his mouth

What your daughter sees and hears is very important in forming her thoughts, feelings, and responses to life. With these two senses she is able to understand God, the world He created, and what is going on around her. While having the physical ability to see and hear is great, having spiritual eyes and ears is even better. As she is away this week, pray her eyes and ears will be touched by the Great Physician, God.

A few ways to pray using the above scriptures.

Pray that your daughter...

*will see wonderful things as she reads God's Word

* will see things clearly

* will see the fields ripe for harvest (see where God is working and desire to join Him by sharing the Good News of Jesus)

*will apply her ears to words of knowledge

*will be listening for the God's voice to tell her the way to walk

*will hear the Word of the Lord

Sit quietly now and allow God to speak to you through His Spirit about other ways He wants you to pray for your daughter's mind.

Record any thoughts you had during this time.

DAY 3

Praying for your daughter's

MOUTH

Pray and ask God to speak to you during this time

Read and meditate on:

Psalm 19:14 May the words of my mouth and the meditation of my heart be pleasing in your sight, O LORD, my Rock and my Redeemer.

Psalm 49:3 My mouth will speak words of wisdom; the utterance from my heart will give understanding.

1 Peter 3:10 For, "Whoever would love life and see good days must keep his tongue from evil and his lips from deceitful speech.

Colossians 4:6 Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

Luke 6:45 The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. For out of the overflow of his heart his mouth speaks.

Face it...taming the tongue is tough. Complaining, arguing, gossiping, mean and hurtful words are all things that can easily come out of our mouths if we are not carefully watching our hearts and mouths. It starts early. No one has to tell us how to use our tongues as weapons. This week as your daughter is with lots of girls, there will be all kinds of feelings in her heart and she will have many opportunities to speak. Pray she will be like apples of gold in settings of silver by aptly speaking her words ([Proverbs 25:11](#)) bringing encouragement to those around her.

A few ways to pray using the above scriptures.

Pray that your daughter...

*will speak what is pleasing in God's sight

* will speak words of wisdom

* will not have an evil tongue or deceitful speech

*will let her conversation be full of grace and know how to answer others

*will realize that what's in her heart (good, bad, or ugly) is reflected in her speech

Sit quietly now and allow God to speak to you through His Spirit about other ways He wants you to pray for your daughter's mind.

Record any thoughts you had during this time.

DAY 4

Praying for your daughter's

HEART

Pray and ask God to speak to you during this time

Read and meditate on:

Psalm 51:10 Create in me a pure heart, O God, and renew a steadfast spirit within me.

Deuteronomy 10:12 And now, O Israel, what does the LORD your God ask of you but to fear the LORD your God, to walk in all his ways, to love him, to serve the LORD your God with all your heart and with all your soul

1 Chronicles 22:19 Now devote your heart and soul to seeking the Lord your God.

Ephesians 4:32 Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

Colossians 3:23 Whatever you do, work at it with all your heart, as working for the Lord, not for men

The word heart or hearts is used over 700 times in the New International Version of the Bible. The condition of a person's heart is extremely important to God. 1Samuel 16:7 says, "...The Lord does not look at the things man looks at. Man looks at the outward appearance, but the Lord looks at the heart." When God looks at a person's heart, He enjoys finding a heart that is turned, tender, tuned and teachable. The only way to have this kind of heart is to allow God to do heart

surgery. This is what God says He will do, "And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart." (Ezekiel 36:26 NLT=New Living Translation)

A few ways to pray using the above scriptures.

Pray that your daughter...

*will ask God to give her a new heart...one that is tender and responsive

*will humble herself and ask God to create in her a pure heart

* will fear, walk with, love, and serve the Lord with all her heart

* will devote herself to seeking the Lord

* will have a kind, tender, forgiving heart

* will work with all her heart at whatever she is asked to do

Sit quietly now and allow God to speak to you through His Spirit about other ways He wants you to pray for your daughter's mind.

Record any thoughts you had during this time.

DAY 5

Praying for your daughter's

HANDS AND FEET

Pray and ask God to speak to you during this time

Read and meditate on:

Psalm 143:6 (NLT) I lift my hands to you in prayer. I thirst for you as parched land thirsts for rain.

Proverbs 31:20 (NLT) She extends a helping hand to the poor and opens her arms to the needy.

Proverbs 13:20 He who walks with the wise grows wise, but a companion of fools suffers harm.

Psalm 119:105 Your word is a lamp to my feet and a light for my path.

Isaiah 52:7 How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation, who say to Zion, "Your God reigns!"

"Remember...your hands are for loving and helping." This is a saying that my children have heard all their lives. When Jesus walked this earth, His hands were always reaching out to people in love, helping them in many different ways. This is the example we are to follow in choosing how to use our hands. Where we choose to walk is also important. Using God's Word to light our way and direct our steps will lead us on paths that please Him. What your daughter chooses to do with her hands and feet, will reflect her love for God and others. Pray she desires to honor the Lord with both this week.

A few ways to pray using the above scriptures.

Pray that your daughter...

*will lift her hands in prayer

*will be willing to extend her hands to help others

* will choose wise friends to walk with and that she would be a wise friend, too

* will study God's Word so she will know and walk in the Light of His truth

* will use her feet to carry the Good News to others near and far

Sit quietly now and allow God to speak to you through His Spirit about other ways He wants you to pray for your daughter's mind.

Record any thoughts you had during this time.